



## IMMACULATE HEART RETREAT CENTER

### HOPE

### PEACE

### HEALING

#### SEEKING PEACE & HOPE SOCIETY

The **Seeking Peace & Hope Society** actively supports increasing the awareness and the mission of the **Immaculate Heart Retreat Center**.

They are people who are passionate believers in the Retreat ministry, and they look for opportunities that will engage more people to volunteer and experience the benefits of a retreat.

A special thank you to all of our members:

Mrs. Mary Helen Black, Mr. & Mrs. Phil Brennan, Mr. D. Joseph Brown, Mr. & Mrs. Dan Brown, Mr. & Mrs. Jim Carollo, Mr. & Mrs. John Clark, Mr. & Mrs. Floyd Lee, Mr. & Mrs. Dave McGann, Mr. & Mrs. John McLaughlin, Mr. & Mrs. Achim Moesges, Mrs. Jan Prawdzik, Rev. Mr. & Mrs. John Ruscheinsky, Rev. John Sand, Rev. Msgr. William Van Ommeren, Mr. & Mrs. Norm Vanderlaag.



*Braden Fetz,  
Youth Retreatant*

What began as a 'sense of mystery' for Braden, ended with a deep feeling of compassion for all people and an 'intimate understanding of God as a friend'. "I heard great things about Youth retreats, and others were excited for me to attend." As with most first time retreatants, Braden did not understand what a retreat was really about.

Prior to his Youth retreat experience at Immaculate Heart Retreat Center, Braden tells how he didn't feel an intimate connection with God. "My spiritual life was rather depleted. I would be studying scripture in Bible class, but God didn't feel personal. It was like God kind of sits back. I felt I was on my own."

It was during a group sharing session that Braden began to feel an inner transformation. When hearing from others about their aloneness and pain,

Braden began to see himself in other youths. "I gained a deeper sense of compassion for others. I now realize that behind a strong face can lie a soul filled with pain." Braden respects and cares so much more for his peers. "It has really changed how I treat people, and I am now a listener and consoler for my friends."

It was the compassion towards others that brought Braden to feel a more intimate connection with God. Braden realized that it was God who brought him to this Youth retreat. "God has given me friends and opportunities. He has shown me it's not so much how I look at my life, but what I do with my life, and He is always there guiding me along. I now have a more intimate understanding of God as a friend."

After the Youth retreat, Braden reflected on how best to sum up the overall retreat experience. He says, "The main thing one takes away from this experience is healing and love, and along with healing comes a huge sense of inner peace. It is through this inner peace that one sees there is the hope that the future is in God's hands."

#### **Give a Gift That Gives Again**

**Sponsors Club** is an association of benefactors who provide assistance to youth retreatants and to those less fortunate. Your donation of \$120.00 a year will sponsor someone who needs to benefit from the retreat experience.

## Hope, Peace & Healing

I invite everyone to experience the **Hope, Peace and Healing** fundraising breakfast, Saturday, November 4<sup>th</sup>, 10 am – 11 am, located here at Immaculate Heart Retreat Center. This one hour annual event is the center's mission based fundraiser, featuring guest speakers who are willing to share their retreat experiences with our Spokane community.

This is an event you will want to attend if you desire to learn more about the Retreat mission, understand the spiritual benefits received during the Retreat process or wish to consider being a member of the **Seeking Peace & Hope Society**.

The **Seeking Peace & Hope Society** acknowledge, that throughout the years, many people have provided personal testimonies of positive change in their lives, as a result of their experiences while on retreat. They understand that more people are seeking **Peace & Hope**. In the rapidly changing and very busy world in which we live, people are realizing that materialism and everyday distractions prevent them from keeping their Spiritual bearings and obtaining what they truly desire.

The **Seeking Peace & Hope Society** actively support increasing the awareness and the mission of IHRC. They are people who are passionate believers in the ministry, and they look for opportunities that will engage more people to experience the benefits of a retreat.

There is no minimum and no maximum gift required to attend this event. Call 448.1224 ext 103 for reservations. See you there!

Aileen Fields,  
Development Manager

This message is brought to you by:  
Sr. Patricia Proctor of the Poor Clare Nuns  
Station Manager **KTTO 970 AM**



**KTTO 970 AM** is owned by Sacred Heart Radio station, Seattle Washington.

Please join us for our annual "Celebration of Clare" in our Monastery garden on August 12, 2006 at 10:30 am.

Father Joseph Chinnici, OFM will be the main celebrant for Eucharist, followed by light refreshments and social time with the sisters.

If you have never visited our monastery before, or it has been a long time, we invite you to bring your whole family and come to join in the Celebration of Clare! The Monastery of St. Clare is located at 4419 N. Hawthorne Street., Spokane, WA 99205.

## The Crowning with Roses

Each year in celebration of Fatima and Mother's Day, children gather at IHRC to honor the Virgin Mary as the Mother of God. While crowning her with roses and adorning a bouquet of fresh flowers at her feet, IHRC families engage in this celebration with the sacrament of Mass and giving the gift of Rosaries to all who enter the Chapel. Featured in the photo are Jacob and Sofia Fray, who crowned our Blessed Mother, and Fr. Nicholas and Msgr. Van Ommeren.

*"Most blessed are you among women, and blessed is the fruit of your womb."*  
*(Lk 1: 42)*



## A Family Tradition Continues



*Above: Barrie and Joyce Baird,*

*Right: Shirley Clark and Barbara Bonham at the Raffle Table.*

This year, so many new faces were seen at the Retreat Center for the Mother's Day Champagne Brunch. Many families came to enjoy the warm sunshine, good food and festivities. A special memory was in the making, as everyone enjoyed the company of Barrie and Joyce Baird, who celebrated their 50<sup>th</sup> wedding anniversary. This was truly a memorable event.



PROGRAM GUIDE



RETREATS AND SPECIAL EVENTS

Welcome, Betsy Frazier

My name is Betsy Frazier, and I am excited to be working for Immaculate Heart Retreat Center as your Special Events Coordinator. Primarily I am responsible for the Octoberfeast, dinner and auction, Mother's Day Brunch, Life Celebrations, as well as your weekend Hospitality on-site staff member.



event ticket sales, raffle tickets for the Celebration Basket and recruiting for Table Sponsors are just a few of the event preparations I am piecing together.

I have great admiration for the Retreat Center and have previously considered available positions. I believe in the mission of IHRC and have a great desire to use my work experience to the Center's benefit. Thank you for this opportunity to serve.

If you are interested in joining the Octoberfeast committee or for \$25 you would like to reserve your Octoberfeast event tickets, please call myself or Maribeth at 509.448.1224. The Celebration Basket will be displayed in the front office the first week of August, and raffle tickets are available at \$2.00 each or 6 for \$10.00.

Currently, I am busy working on the Octoberfeast, dinner and auction, scheduled to commence Sunday, October 1st. Procuring auction items, putting together the committee to assist with

Thank you to all for your continued support of Immaculate Heart Retreat Center.

Betsy Frazier

DAILY REFLECTIONS

Many readers rely on Fr. Rory Pitstick's daily writings to assist them in continuing their spiritual path at home and in their community. These reflections help begin and end each day on a prayerful note and are based on the daily Liturgy of the Word. Visit Fr. Pitstick for his invaluable written expression of faith at www.ihrc.net and click on the Virtual Retreat button.



If you would like to subscribe to the Daily Reflections go to: <http://lists.gonzaga.edu/mailman/listinfo/daily-retreat-l>.

We would like to thank Greg Francis, Sr. System Administrator at Gonzaga University for assisting us by hosting our mailing list on the University servers. The move was smooth, and we appreciate the opportunity to team with our local Catholic University, Fr. Pitstick's alma mater.

Thank You

Catholic Foundation for your generous grant of \$1,000 that will provide low-income seniors the opportunity to experience a retreat.

Programming Staff Update:

Please welcome Maribeth Eyraud as IHRC's new Program Coordinator. Maribeth has been on staff for three years as our receptionist and retreat scheduler. You are probably familiar with her already if you have called us. Maribeth will continue to handle the calendar, and her duties will broaden to include all of the programming needs for Immaculate Heart Retreat Center.



## CALENDAR At a Glance

### AUGUST

15 Day of Prayer

18-20 Emotionally Free Course

### SEPTEMBER

8-10 Engaged Encounter

8-10 Inner Journey of Healing and Dreams

12 Day of Prayer

16 HEC Day of Prayer

22-24 Secular Carmelites

### OCTOBER

1 Octoberfeast

18 Day of Prayer

20-22 Marriage Encounter

20-22 Ten Commandments

### NOVEMBER

3-5 Luminous Mysteries

4 Fundraising Breakfast

8 Day of Prayer

10-12 Quilting Retreat

17-19 Engaged Encounter

### DECEMBER

6 Day of Prayer

8-10 Advent Retreat

15-17 AA Spiritual Retreat

## RETREAT SCHEDULE

August 18 - 20

### Emotionally Free Basic Media Course

Presented by Rita Bennet and Team

This course is designed to give biblical guidance to help heal childhood, teen, or adult wounds. You will learn how to pray healing prayers for yourself, your family, and others. Your faith will grow stronger to help you over the bumps in the road that we all have had or will experience in life. For more information on this course, visit our website. All denominations welcome.

Cost: \$145.00 per person, includes seminar, meals, and lodging.

September 8 - 10

### Inner Journey of Healing and Dreams

Abbot David Gereats

Abbot Geraets, who is from the Monastery of the Risen Christ, San Luis Obispo, California, brings to this weekend retreat the positive aspects of one's life journey and the dreams that relate to the process of our inner healing.

Cost: \$130 per person. Includes lodging and meals.

September 16

### HEC Day of Prayer

Deacon John Ruscheinsky

During this special Saturday Day of Prayer we will be sharing the direction and vision of our Handicapped Encounter Christ Program. We will be planning for the future as well as feeding ourselves spiritually. There is no cost for this Day of Prayer, which will follow the format of our standard Day of Prayer, including a Rosary, conferences, confessions, Mass and Lunch. We hope that this Day of Prayer will spark or renew a commitment to this valuable program.



September 22-24

### Secular Carmelite Retreat

An open, silent retreat sponsored by the Secular Order of Discalced Carmelites, *Jesus King of All Nations*, Community in Coeur d'Alene, Idaho. Rev. Jose'-Luis Ferroni, OCD, a member of the El Carmelo Retreat House retreat team of Redlands, California will be the Retreat Master. Joining Carmelites worldwide in the Centennial celebration of the death of Blessed Elizabeth of the Trinity, this retreat will focus on her life and times, spirit, Carmelite spirituality and doctrine.



For information, please contact: Diane Miller P.O. Box 3368, Post Falls, Idaho 83877-3368 (208) 773-6464

October 20-22

### Ten Commandments

Fr. Tom Caswell

"The Decalogue" is a unique retreat using six, 50 minute films that the great director Krzysztof Kieslowski made for Polish television before the end of the Communist Regime. Many critics consider these films among the greatest ever made. Kieslowski looks at the Commandments in a new and thoughtful way. There will be time for discussion of each film that will lead to prayer and reflection. The films are in Polish with English subtitles.

Cost \$130 per person, \$220 per couple

November 3-5

St. Patrick, Pasco Parish Retreat

### The Luminous Mysteries

Bishop Thomas Connolly

Bishop Thomas Connolly, Emeritus of the Diocese of Baker, will host this annual parish retreat for St. Patrick Parish of Pasco. This retreat is open to everyone. Bishop Connolly reminds us all to pray for one another and the success of our efforts.

Cost \$130 per person, \$220 per couple

## RETREATS CONTINUED

December 8-10  
**Advent Retreat**  
 Fr. Rick Ganz, SJ

In the first thousand years of the Church, Christians were fascinated by, cared enormously to understand why God became human. This mystery of the Incarnation of God is a profoundly rich vein of spiritual meaning. Many of the difficulties people experience in their spiritual lives stem, in my experience, from an insufficient grasp of the Incarnation. To put this in more dramatic terms, I have seen how an insufficient grasp of this great mystery of our faith really damages Christians. It is not a good option to get our understanding incorrect. On the positive side, and this is the most important side when it comes to these great mysteries of God's love, exploring the meaning of the Incarnation supplies to Christians one of its greatest joys.

Cost \$130 per person, \$220 per couple

December 15-17  
**Spiritual Retreat**  
*"For those in recovery..."*  
 Fr. Emmerich Vogt, OP

This winter's retreat will be led by Fr. Emmerich Vogt, OP. Fr. Vogt came from a family with alcohol and drug addiction. Fr. Vogt has studied the 12-Steps programming for his own healing and works to assist others in overcoming obstacles and find peace.

Fr. Emmerich is a Dominican priest of the Western Dominican Province and is currently the director of the Shrine of St. Jude in San Francisco. His series for EWTN on the spiritual life was aired in June, 2004.

Cost \$130 per person, \$220 per couple

Jan 22-29, 2007  
**8 Day Ignatian Retreat**  
 Fr. Armand Nigro SJ

We are blessed to have Fr. Nigro back with us to help lead us through these Spiritual Exercises, written more than 450 years ago. St. Ignatius believed that he received a gift from God that not only enriched his own Christian life but also was meant to be shared with others. The gift was a "method," a way to seek and find God in all things and to gain the freedom to let God's will be done on earth. This way of praying allowed Ignatius to discover the voice of God within his own heart. These methods of prayer that are outlined in the Spiritual Exercises help each individual to follow Jesus and seek God's will in any circumstance. Jesuit spirituality stresses the need to take time to reflect and to pray. This active commitment to seeking God's leadership is called discernment.

This retreat includes lodging, meals and spiritual direction each day. Cost \$520 per person

### Scholarship Applications

Full or partial scholarships are available for any scheduled retreat courtesy of our Sponsors Club members. For more information or to receive an application call (509)448.1224.

## Eucharistic Adoration Calendar

**Every Thursday** 9:00 am to 5:00 pm., except week of first Friday, 3:30 pm to 5:00 pm

**First Friday** 9:00 am to 3:00 pm; Followed by Divine Mercy and Benediction

Aug. 21- 23 9:00 - Noon  
 Thursday, Aug. 24 9:00 - 5:00  
 Friday Aug. 25 9:00 - Noon

Aug 28- 30 9:00 - Noon  
 Thursday, Aug 31, 9:00 -5:00  
 (3:00 Divine Mercy, 5:00 Benediction)

Friday, Sept. 1 9:00 -3:00  
 Followed by Benediction.

**Mass** 8:00 am; 7 days a week

**TV Mass** 5:00 p.m., Saturday, Comcast Channel 14.

**Rosary** 7:30 am prior to Mass

### Join the one hour Journey

### Road to Discovery

*Explore our programs*

*Share and listen to stories of*

*hope, peace and healing*

*Realize how the facility can*

*meet your needs*

**Saturdays :**

**September 30  
 October 28  
 November 11**

**10:00 a.m.**

**Private tours are available upon request.**

## HOPE – PEACE – HEALING

Fundraising Breakfast  
 Saturday, November 4th  
 10:00 am – 11:00 am

### Immaculate Heart Retreat Center

- \* Learn about the Retreat Mission
- \* Listen to Retreatants, as they share Their stories of Hope, Peace & Healing
- \* Explore our Retreat Programs

**Hope, Peace and Healing fundraising Breakfast is Immaculate Heart Retreat Center's mission based fundraiser.**

No minimum and no maximum gift is required

**Reserved seating only  
 All guests welcome**

For reservations call Aileen  
 448.1224 ext.103

Event is Sponsored by



## DAYS OF PRAYER

A Day of Prayer is offered each month and is an excellent opportunity to come away from the hectic schedule of our everyday life and reconnect with God, in an atmosphere of prayer and reflection. Day of Prayer begins with the Rosary, followed by two conferences, confession, lunch and ends with Mass. A private room is included for reflection, prayer and solitude. Day of Prayer begins at 9:00 am and ends at 1:45 pm. Cost is \$30 per person.

August 15, 2006  
**Assumption**  
 Fr. Joe Sullivan

September 12, 2006  
**St. Matthew**  
 Fr. Dennis Cagantas

October 18, 2006  
**St. Luke the Evangelist**  
 Fr. Robert Turner

November 8, 2006  
**Dying and Rising**  
 Fr. George Haspedis

December 6, 2006  
**The Immaculate Conception**  
 Bishop William Skylstad, D.D.

**Immaculate Heart Retreat Center**  
*invites you to celebrate the*  
**12th Annual**

# OCTOBERFEAST

**Dinner and Auction**  
**Sunday, October 1**

\*4:00 pm **Silent Auction & Beer Garden**  
 \*5:30 pm **Dinner**  
 \*6:30 pm **Live Auction**

Featuring Tom Hutylar  
 MC for Seattle's Safeco Field

**\$25.00 Tickets In Advance**



100% of all proceeds will be used for retreat services

*A Peaceful Place to Pray and Ponder*  
 6910 S Ben Burr Rd.  
 (509)448-1224 www.ihrc.net

## Relationship Retreats



September 8-10  
 November 17-19

**Engaged Encounter** offers couples time to question, examine and deepen their relationship with each other and God. Various aspects of married life are examined with the aid of married couples and clergy.

Contact: Rob & Ruth Crow  
 (509) 475-5223



**October 20-22**

**Marriage Encounter** can help you enrich your marriage and add some pizzaz to your journey. Whether you have been married one year or 50, a Marriage Encounter Weekend may be just the thing you need to put a breath of fresh air into your relationship.

Contact: Ken & Cheryl Nagle  
 (509)255-6085

## RETREAT REGISTRATION

Retreat Name/Date \_\_\_\_\_  
 Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone \_\_\_\_\_ Parish \_\_\_\_\_

I need a room on the first floor  yes  no  
 My \$25.00 (non-refundable) deposit is enclosed

**Spiritual Direction**  
 is available by  
 appointment.

Rev. Msgr. William Van Ommeren

Deacon John Ruscheinsky

Janice Eberley, MA, Board Certified Chaplain, NACC

509.448.1224

## MEMORIAL CORNER



*Featured from Left to Right:  
Bill Jr., Molly, Mary Bea and Bill Sr.*

It's become a tradition for our family to attend the Mother's Day Brunch at the Retreat Center and afterwards, make our way along the beautiful Monsignor Rosage prayer walk.

It is such a serene and peaceful place to pause a bit and pray for many of our family and friends, whose markers line the pathways.

This year the family surprised Bill Sr. with a marker in memory of his mother, Veree Martha Sleeth. It is our hope that our children and grandchildren will visit and cherish this spot for many years to come."



### In Memoriam

- |                    |                  |
|--------------------|------------------|
| Helen Boehme       | Ethel Chesnut    |
| John Crow          | Rev. James Grant |
| Delia Liptac       | Geno Orsi        |
| Olga Orsi          | Brian Prawdzik   |
| Mary Rose Mandelas | Bill Thielman    |

## LABOR of LOVE

*"... My heart rejoiced in the fruit for all my toil" Ecclesiastes 2:10*



Each summer **Immaculate Heart Retreat Center** sponsors a special, week long retreat titled **Contemplation In Action**. In exchange for room and board, mornings are lively with retreatants performing four hours of facility and landscaping improvements, while afternoons are filled with silent retreat conferences, liturgical services, prayer and reflection. Each retreatant sharing of their **Time** and **Talent** generously gives of their **Treasure** by weeding, planting, painting and cleaning, work that would be impossible to achieve with our limited budget and staff.

**Contemplation In Action** is one of the ways **Immaculate Heart Retreat Center** can say thank you to retreatants who give so generously of their Time, Talent and Treasure. We know it is truly a labor of your love.



*"I have been on many retreats, and Contemplation in Action has been one of the most inspiring. For all that I have received while on retreats, this was my chance to give back to the center." Evie, Spokane Valley, WA.*

## Prayer Walk Memorial

The **Prayer Walk Memorial** is a trail that winds through a grove of pine trees. Families can purchase a square with an engraved message honoring their loved one. Tiles cost \$1,200 or \$100 per month for one year.

## FROM THE DIRECTOR'S DESK

In Matthew's Gospel, **The Workers in the Vineyard**, (20:1-15), Jesus tells his disciples how the Kingdom of Heaven is like the parable of the landowner who went out to hire laborers to work in his vineyard. Some laborers worked only a few hours, while others worked a full day. At the end of the day, regardless of how long or short they labored, all were paid the same wage. Naturally the laborers who worked the longest complained. But the landowner said, "What if I were to give the last one, the same as you? Am I not free to do as I wish with my own money? Are you envious because I am generous?"

The lesson of this parable is that the kingdom of heaven is not like the kingdom of earth. God is generous and forgiving. God created everyone equal with the ability to share in his life and in eternal happiness. He gave us the gift of free will to decide whether we will love him in return and receive the reward of the kingdom of heaven.

Just as Jesus invites us to give of ourselves in time, talent and treasure towards others, he also asks of us to spend time with him alone. We need time to grow in relationship with him and in relationship with those around us. We have a place right here where we can come away and be alone with our God. Having

been a part of the Spokane diocesan community for 47 years, Immaculate Heart Retreat Center, grounded in the Catholic tradition, provides opportunities for spiritual growth to all people on their journey towards God in an atmosphere of prayer and reflection.



During this Fall and early winter season, our program development team has put together an excellent program of retreats. I invite you to review the inside and back page section of the Program Guide and choose one or more retreats that best fits your spiritual journey. I would like to highlight a unique Day of Prayer, the **Handicapped Encounter with Christ or (HEC)**, Saturday, September 16<sup>th</sup>. This one day retreat, while following the standard format for a Day of Prayer, will incorporate planning and development for future **HEC** retreats to be offered at Immaculate Heart Retreat Center.

For those of you who may not be familiar with **HEC**, these retreats are Gospel based Christian experiences, designed to give persons who have physical differences, the opportunity to participate in a spiritually centered retreat. A HEC retreat addresses the physically handicap's need for healing, forgiveness, and overcoming feelings of oppression and discrimination. This retreat provides scripture, prayer, question and answer sessions, guest speakers, group sharing, Eucharist and Reconciliation.

If you are interested in becoming a part of this wonderful team to renew the commitment to this valuable retreat for the physically handicapped, please call us with your reservation.

Another highlight is thanking those who are always so generous to our retreatants and the Immaculate Heart Retreat Center. Our retreat ministry today would not be able to touch the 7,000 people a year in our community without the help of our volunteers and donors. All of us working together create the real fruits of our labor

by being able to serve retreatants who are in need of God's Hope, Peace and Healing.

In volunteers we are blessed with over 100 Marthas and Josephs, who keep the rooms clean and our retreatants comfortable. 16 Board members, 25 committee members and 10 staff members are on site at any given time ensuring the spiritual needs of our retreatants are met.

Our retreatants served are youth, adults, seniors, single parents, married couples and physically handicapped. With the help of our donors and retreatants who can afford the cost of a retreat, we have been able to keep the costs of our retreats affordable; \$130 for a full weekend retreat, meals included; \$65 for a private, directed retreat and \$30 for a day of prayer, meals included. Our Christian groups served are 60% Catholic and 40% other Christian denominations.

We value your support, and we continue to rely on your support. Without you we could not possibly serve those who are in need of God's Hope, Peace and Healing in the Spokane community and region at large. I invite you to continue sharing your support by considering attending one of our Fall fundraisers, **Octoberfeast** or the **Hope, Peace and Healing** fundraising breakfast.

Thank you to all of our volunteers and donors for your generosity that you have provided us over the years. You are the true passion for the retreat ministry. We thank you and ask God to generously bless you and your families. Know that we are praying for all of you and please continue to pray for the mission of Immaculate Heart Retreat Center.

Deacon John Ruscheinsky,  
Director, Immaculate Heart Retreat Center



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Fax: (509) 448-1623  
Web page: [www.ihrc.net](http://www.ihrc.net)

### Clause for a Christian Will

I give, devise and bequeath in trust, for the benefit and exclusive use of Immaculate Heart Retreat Center, Spokane Washington: [here describe the amount of the gift or the specific item of property]